Curriculum Vitae



Dr Farouq Izzat Al-Zurba

Consultant, Family Medicine

Medical Director

Consultant, Quality Management & International Accreditation

January 16, 2017

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Curriculum Vitae

Dr Farouq Izzat Al-Zurba

PERSONAL DATA

Manama

Address:

Mail: PO Box 80039 Websites: http://www.zurba.com

http://www.sokkari.com

E-mail: Farouq@Zurba.com

Tel: (973) 3960 2422 (Mob)

(973) 17 484131 (Res) Facebook: http://www.facebook.com/farouq.alzurba

Fax: (973) 17 484101

Twitter: http://twitter.com/fzurba
Instagram: http://instagram.com/fzurba

DATE of BIRTH August 22, 1949

Kingdom of Bahrain

PLACE of BIRTH Nablus
NATIONALITY Bahraini

MARITAL STATUS Married with three sons

PROFESSIONAL QUALIFICATION

1984 Certified Family Physician American University of Beirut (AUB)

1968 – 1974 M.B.,B.S. King Edward Medical College, Lahore, Punjab University

CURRENT POSITION

- Consultant Healthcare Professional
- Medical Director, Med Health Centre for Primary Care and Family Medicine (previously known as Al-Jawza Medical Centre)
- Consultant Quality Management & International Accreditation

Main Responsibilities as Medical Director

- To participate in administrative decision making
- To recommend and approve policies and procedures
- To overlook and ensure the delivery of physician services and services provided by other professionals as they relate to patient care and patient safety
- To ensure the appropriateness and quality of medical care and medically related care
- To overlook the training and educational programs in coordination with HR Management.
- To participate in the promotion and surveillance of health safety.
- To articulate the centre's long term mission to the community
- To participate in establishing policies and procedures for assuring that the rights of individuals internal and external customers

Main Responsibilities as Director of Quality & Organisational Excellence

Clinical Practice

• Consultant in Family Medicine, PHC Health Centres

Quality Management

- Risk Management
- Process Management
- Performance Measurement (KPIs & PIs)
- Patients safety
- Clinical Auditing
- Accreditation
- Quality Training

Organisational Excellence

- Dubai Government Excellence Program
- Princess Haya Excellence Competition
- National Identity Competition
- Dubai Gov. Achieve Exhibition
- Self-Assessment
- Excellence awareness and education
- Community Organisation Competition
- Organising Campaigns

Prevention and Control of Infection

- Hand Hygiene
- Audit Standards Precaution
- Supervise monitoring of comprehensive infection control programs in PHC

Others

- Clinical Governance
- Clinical Guidelines

- Monitoring all Activities in PHCSS, DHA
- Developing DHA Strategy and DHA services sectors (vision, mission, values, strategic themes, strategic goals, KPIs, etc.)
- Developing Primary Health Care strategic plan
- Developing Job Description
- Developing Scope of Practices
- Data Streaming
- Employee Performance Management and Developing Individual Performance Plans
- Coordinating Executive Committee
- Coordinating Accreditation Steering Committee
- Review and oversee statistical/achievement reports relevant to the different sections
- Supervise and monitor the development of Strategy
- Referee and Panelist in Quality
- Lecturer, Dubai Medical College and Academic Department of PHC, DHA

WORK	ΕX	PERIENCE	
Mar 2015	-	Present	Medical Director, Med Health for Healthcare & Family Medicine (formerly known as: Al-Jawza Medical Centre) - Bahrain
Dec 2012	-	Present	Consultant in Quality Management & International Accreditation
Jun 2011	-	Nov 2012	Members of the Panelists in the evaluation process in improving the Healthcare Sector in Abu Dhabi (SHEA Transformational Events).
Apr 2009	-	Nov 2012	Director of Quality & Organisational Excellence Directorate Primary Health Care Services Sector, Dubai Health Authority, Dubai
Oct 2005	-	Nov 2012	Consultant, Family Medicine Primary Health Care Services Sector, Dubai Health Authority, Dubai
May 2007	-	Present	"Lecturer" in the Academic Department of Primary Health Care – Dubai Medical College; Dubai
Nov 2006	-	Sep 2009	Head, Quality & Development Office, PHC, DOHMS, Dubai
Oct 2005	-	Present	Consultant, Primary Health Care, DOHMS – Dubai
Apr 2008	-	Sep 2008	Health Strategy Project Analyst (part time) (start 20/4/2008)
Nov 2007	-	July 2008	Member of the Primary Care Expert Panel for Joint Commission International Accreditation (JCIA)
Aug 2001	-	Mar 2006	Consultant, Primary Health Care – Bahrain
Feb 1997	-	Mar 2006	In-charge, Ports Health Services, Bahrain.
Feb 1992	-	Mar 2006	Deputy Doctor In-charge, Al-Razi Health Centre (Class A, Primary Care Health Centre), Bahrain.
Jan 2001	-	Oct 2004	Quality Improvement Project (Part time)
Apr 2000	-	Dec 2002	Health Education - Hot-line, Ministry of Health Bahrain.
May 2000	-	Dec 2001 Dec 2004	Senior Consultant & Advisor – Center of Excellence for Medical Multimedia (CEMM) 2354 Fairchild Drive, Suite 2H29 USAF Academy - Colorado Springs, CO 80840-6218
Mar 1991	-	May 1991	Student Teaching Mentor in Teacher Training Development Program (TDP), College of Health Sciences, Bahrain.
Oct 1986	-	Jun 1992	Clinical Tutor To Medical Students, AGU, Bahrain.
Feb 1989	-	Feb 1992	Deputy Doctor In-charge, Family Physician and Tutor, Ibn Sina Health Centre (Class A, Primary Care Health Centre), Bahrain.
Nov 1986	-	Dec 1988	Doctor In-charge, Jidhafs Health Centre (Class A, Primary Care Health Centre), Bahrain.
Nov 1984	-	Jul 1987	Regional Doctor In-charge, Bahrain.
Nov 1985	-	Oct 1986	Doctor In-charge, Isa Town Health Centre (Class A, Primary Care Health Centre), Bahrain.
Oct 1984	-	Jul 1986	Tutor to Family Physician Residency Program Ministry of Health,

Doctor In-charge, Muharraq Health Centre (Class A), Bahrain.

Evaluation of Budaya Health Centre for administration & patient Care,

Acting Chairman, Staff management committee for Health Centres,

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One week

Nov 1985

Jan 1985

Mar 1986

Jul 1985

Nov 1983

Bahrain.

Bahrain.

Bahrain.

Jun 1980		Oct 1983	Doctor In-charge, Western Region HC (Class B), Bahrain.
Oct 1979		May 1980	Health Centre Physician, Naim H. C. (Class A), Bahrain.
Aug 1976		Sep 1979	Medical Officer, Health directorate, Nablus District, Jordan.
Feb 1975	-	Jul 1976	Resident, Paediatrics, Nablus Government Hospital, Jordan.
Feb 1974	-	Jan 1975	House Doctor, Nablus, Bethlehem & Jericho Govt. Hospitals, Jordan.

CONTINUING EDUCATION

March 20161	"Respiratory Medicine - RCPE Symposium	m Edinburgh"; Bahrain (10 March 2016) One day
Jun 2011	"Al Kindi First International Pediatric Conferen Organised by Bahrain Medical Society and Al (4 CME Credited hours – MOH, Bahrain)	
Jun 2011	"Clinical Research Awareness Symposium" Organised by the Staff Development and Res Dubai, UAE (4.5 CME Credited hours - DHA)	earch section, Rashid Hospital, (06 June 2011) One day
Jun 2011	"Clinical Writing, Best Practice and BMJ Learn Organised by Medical Education Department, (2.5 CME Credited hours - DHA)	ning" DHA, Dubai, UAE
Mar 2011	"Managerial Workshop" Building a high-Performance; Dubai, UAE CPD 12 hours	(13 April 2011) One day rmance Work Culture" Duphat 2011
	0. 2 . 2	(22 - 24 March 2011) Three days
Mar 2011	"Innovation in Solving problems" Course MED, DHA; Dubai, UAE	(20 – 21 Mar 2011) Two days
Jan 2011	"Law for non-Layers" Training Course Dubai Judicial Institute; Dubai, UAE	, , , , , , , , , , , , , , , , , , , ,
Aug 2010	Kano Excellence – Hamdan University	(30 – 31 Jan 2011) Two days (24 August 2010) Two hours
Aug 2010	QOED introduction to PHC Managers (3 hours PHCSS, DHA; ; Dubai, UAE	s);
		(16 August 2010) Three hours
May 2010	DMC Medical Education Symposium 2011 Dubai Medical College; Dubai, UAE CPD 5.5 hours	
		(23 May 2010) One days
Apr 2010	Body Language. DHA, Dubai UAE (16 CPD)	(27-29 April 2010) Three days
April 2010	Clinical Writing Best Practice & BMJ Learning CPD 2.5 hours	; MED, DHA; Dubai, UAE (23 – April 2010) One days
Apr 2010	Nutrition Assessment and Diagnosis of Inpatie CPD 10 hours	ents; MED, DHA; Dubai, UAE (6 - 7 Apr 2010) Two days
March 2010	EPMS Workshop; Bahrain Medical College; BCPD 4.5 hours	sahrain (30 – 31 March 2010) Two days

Nov 2009 Cochrane Collaboration & Systemic Review; Dubai, UAE CPD 3.5 hours (12-13 Apr: 24-25 Apr & 24-25 May 2009) .. Six days May 2009 Dubai Government Excellence Program training course and workshop – DHA, Organisational Development Dept. & Continuous Education Department; Dubai, UAE (3 November 2009) .. One day Apr 2009 Developing Individual Performance Plan (IPP) Objectives for all Physicians in PHC with Appreciation Letter and (10 CME points) Primary Health Care, DHA; Dubai, UAE (19 Apr 2009) .. Eight days Apr 2009 RADAR - Dubai Government Excellence Programme -Organisational Development Department & Continuous Education Department, Dubai, UAE (6-7 Apr 2009) .. Two days Jun 2008 Performance Management System Training (PMS) for Champions – Tec Office, Executive Council, Dubai, UAE (29-30 Jun 2008) .. Two days May 2008 Tools for Audit – PA Consultants, Dubai Health Authority (DHA) (22 May 2008) .. one day Feb 2008 Ron Kaufman's course - Excellence in Customer Service (8 Feb 2008) .. Two days Feb 2008 **Balanced Scorecard Course** Department of Health & medical Services (DOHMS) (6-7 Feb 2008) .. Two days Jan 2008 RefWorks Workshop CME 3 credit hours Rashid Rashid Library - DOHMS (16 Jan 2008) .. One day Nov 2007 Interpretation of Lung Function Test **Emirates Respiratory Association** (4 CME Hours) (26 Nov 2007) .. One day Jun 2007 Pain Assessment & Management Faculty of Medicine & Health Sciences, UAE University Rashid Medical Auditorium (9 June 2007) .. One day May 2007 Awareness session in Forensic Medicine **Dubai Police** (21 May 2007) .. One day Acid Base Workshop "IECM Dubai 2007" Apr 2007 Organised by International Medical Care & Diagnostic Conference (IMD - IHF Dubai 2007) (3 CME Hours) Dubai International Convention Centre, UAE (23 Apr 2007) .. Two hours Simulating Disaster Training Workshop "IECM Dubai 2007" Apr 2007 Organised by International Medical Care & Diagnostic Conference (IMD - IHF **Dubai 2007)** (3 CME Hours) Dubai International Convention Centre, UAE (22 Apr 2007) .. Two hours

Apr 2007	Best Evidence Emergency Medicine Course "The BEEM Course" Organised by McMaster University (12 CME Hours) Rashid Medical Library, DOHMS, Dubai
	(20-21 Apr 2007) Two days
Mar 2007	Tracer Methodology Organised by Quality & Development Directorate, DOHMS, Dubai (19 Mar 2007) One day
Feb 2007	KPI Course
Feb 2007	(19 - 21 Feb 2007) 9 hours, Three days Interview & Appraisal Skills Workshop
	DOHMS, Dubai (13 Feb 2007) Eight hours, One day
Dec 2006	Medical Error Legal Affairs Course Organised by Continuous Medical Education, DOHMS, Dubai Accredited
	(24 December 2006) Three hours one day
June 2006	"International Short Course in Geriatrics for Family Practitioners"
	International institute on Aging (United Nation – Malta in collaboration with DOHMS
	19 - 28 June 2006 for 10 days
May 2006	"Management of Bronchial Asthma" Fellowship Harvard Medical School, USA
	Ongoing started on 27 May 2006 for 2 years
May 2005	"Evidence Based Medicine Workshop; Searching Evidence Based Databases
	Workshop" Diplomat Hotel, Ministry of Health, KO Bahrain
	(10 May 2005) 3 hours
May 2005	"The International Classification of Functuioning Disability and Health: Understanding the whole child Workshop" Diplomet Health Ministry of Health KO Behrsin
	Diplomat Hotel, Ministry of Health, KO Bahrain (9 May 2005) 3 hours
Mar 2005	"Diabetes Management in Primary Care Workshop" Novotel Hotel, Ministry of Health, KO Bahrain
	(22-23 March) Two days
Oct 2004	"Emergency Planning Workshop" Organised by British Airways, Manama, KO Bahrain
	The purpose of the workshop is to ensure that a workable, contingency plans in place that would be activated in the event of an aircraft incident.
	(26 October) One day
Dec 2003	"3rd Evidence Based Medicine Course – Jeddah 2003" The course is accredited for 23 CME hours by the Saudi Council for Health Specialties, reg. No. 2112/3/2002 Date: 1/7/1423 The Joint Program of Foreign Community Medicine
	The Joint Program of Family Community Medicine, Jeddah – KO Saudi Arabia (28-31 December 2003) Four days
Oct. 2003	"Regional Workshop on Technological Risk Management – a environmental prospective"
	A joint activity of the United Nations University and Arabian Gulf University. AGU – Manama, Kingdom of Bahrain
Apr 2002	(19 – 21 October 2003) Three days "Communication Skills Workshop" "The 1st Primary Health care Conference in
Apr. 2002	"Communication Skills – Workshop" – "The 1st Primary Health care Conference in the Arab World" – Bahrain - (25–27 February) – Manama, Bahrain (26 February 2003) One day
Apr. 2002	"Workshop on NGO Promotion – Organised by the National Democratic Institute for International Affairs (NDI) Washington DC – Workshop – Manama, Bahrain (8-14 April 2002) Six days

Nov. 2000	"Use of Ultra Sound in Primary Care – Organised by the Jordan Society of Family Medicine" – Coarse & Workshop – Amman, Jordan
	(1-2 November 2000) Two days
Apr. 2000	"Associations Empowerment Forum (IDF – EMME)" Workshop – Doha, Qatar (10-12 April) Three days
Nov. 1999	"The MGSD Workshop on Diabetes Care and Education of Type 1 Diabetes in Children and Young Adults. Alexandria, Egypt.
	(8-11 Nov.) Four days
Sep. 1999	"Needs Assessment for Childhood and Adolescent Diabetes (IDF – EMME Region) Workshop" – Tunisia
	(12-14 Sep.) Three days
Sep. 1999	"Regional Development Plan (IDF – EMME Region) Workshop" – Tunisia (14-16 Sep.) Two days
Nov. 1996	"Critical Writing and Editing ". Workshop, Organized by the Bahrain Medical Bulletin.
	Two days
Oct. 1995	"The implementation of IDF-WHO Strategy for Diabetes Management Standards for The East Mediterranean Region". Workshop, Organized by the Egyptian Union of Diabetic Associations (EUDA) and endorsed by the International Diabetes Federation (IDF) and East Mediterranean and Middle East Region (EMME), and The Arab Group for the Study of Diabetes.
	Five days
Nov. 1993	"Planning of Diabetes Education Programmes". Workshop, Organized by the Egyptian Union of Diabetic Associations (EUDA) and endorsed by the International Diabetes Federation (IDF) and East Mediterranean and Middle East Region (EMME).
	Six days
Feb. 1990	"Aids Diagnosis, Counseling and Education", Workshop, Organized by Bahrain Family Planning Association
	Four hours (One day)
Aug. 1989	"Epidemiology Course", Dr. Fawzi Amin, Chief of Medical Staff, Primary Care, Bahrain
	16 hours (8 days)
Dec. 1988	"Statistical Analysis of Data", Lecture Presentation, Dr. Harve Rawson, CHSs, Bahrain.
	Five hours (5 days)
Dec. 1988	"Medical Writing & Editing Workshop", Organized by Bahrain Medical Bulletin & British Medical Journal, (AGU), Manama, Bahrain.
	Two full days
Dec. 1988	"Symposium on Family Planning Counseling", for family physicians, at the college of Medicine & Medical Sciences (AGU), Manama, Bahrain
	Four hours (one day)
Nov. 1988	"Haematology Symposium", College of Medicine & Medical Sciences, AGU, Bahrain.
	Four hours (two days)
Nov. 1988	"Medical Symposium on the Latest Techniques and Treatment in Medicine", by selected German Professors, College of Medicine & Medical Sciences (AGU), Bahrain.
	Eight hours (2 days)
May 1988	"Certification course & Workshop in Cardio-Pulmonary Resuscitation, (Basic Life
	Support)", Salmaniya Medical Centre, Manama Three hours (1 day)

Jan. 1988	"Health Profession Education Workshop", College of Medicine & Medical Sciences, AGU, Bahrain.	
	Six hours (3 days)	
June 1987	"Clinical Teaching in the Health Centres, Faculty development workshop", College of Medicine & Medical Sciences (AGU), in collaboration with University of Newcastle NSW, Faculty of Medicine.	
	five hours (2 days)	
Feb. 1987	"Mastery Learning Workshop", College of Health Sciences, Bahrain. 16 hours	
Nov. 1986	"Sports Medicine Course", Bahrain Sports Medicine Association One hour/day for two weeks	
Mar. 1986	"Strategies for Instructional Improvement", Workshop College of Health Sciences, Bahrain.	
	Nine weeks	
Mar. 1986	"Medical Writing & Editing", Workshop, British Medical Journal, Bahrain 3 full days	
Jun. 1985	"Child Development & Surveillance", Workshop Prof. Dr. M.A. Bhatti, Ministry of Health, Bahrain.	
	Two weeks	
Nov. 1984	"Advanced Management Course", for Doctors In-Charge (Head of Health Centres), Ministry of Health of Health, Bahrain	
	Thirty hours	
May 1981	"Intensive Post-graduate Education Course, on methods of Teaching Primary Care", Ministry of Health, Bahrain.	
	One week	

EXPERIENCE IN TEACHING ACTIVITIES

- · Lecturer in Dubai Medical College; Dubai, UAE
- Clinical Tutor to Medical Students, Arabian Gulf University; Bahrain
- Tutor in Primary Care, Bahrain
- Preceptor to BS nurses
- Part-time lecturer on Community Health Nursing Programme
- · Preceptor to community health nurses for primary medical experience

PROJECTS

- National Breast Cancer Screening; Dubai
- Wellness Promotion Health Risk Assessment (Evidence based, Preventive Programme, Age and gender wise)
- Premarital Counseling
- Sick Leave Task force DOHMS, Dubai
- Bronchial Asthma, Audits, Protocols, Charts
- Dubai Airport Medical Centre Project Advisor (May 2006 to January 2007)
- Sick Leave throughout the Kingdome of Bahrain (Government, Bahrain Defense Force Medical services and Private sector)

- SARS Epidemic Control in Bahrain International Airport
- MAP Ministry of Health Administrative Policy for Issuing of Medical Certificate and Sick Leave
- Merging of Biochemistry lab requests in Primary Care
- Merging of all Occupational trauma forms in one for GOSI employees
- Merging of all Occupational trauma forms in one for government employees
- Establishing of Chronic Disease Register in Primary Care Health Centres
- Shorouq Camps for Children having diabetes

RESEARCHES, Audits & PAPERS PUBLISHED

- "Tobacco use and associated factors among school students in Dubai, 2010: intervention study". H.A. Obaid, M.A. Hassan, N.H. Mahdy, M.I. ElDisouky, F.E. Alzarba, S.R. Alnayeemi, M.C. Rillera, B.S. AlMazrooei. Eastern Mediterranean Health Journal, 2015 Volume 20(11):681-89
- "Job Satisfaction among Professionals in PHC 2008" (writing report)
- "Job Satisfaction among non Professionals in PHC 2008" (writing report)
- "Readiness for Wellness Promotion Programme in PHC" Survey April 2008
- "Medical Problems Encountered among Travelers in Bahrain International Airport Clinic".
 Paper published in Journal of Travel Medicine Journal of Travel Medicine, Volume 14, Issue 1, 2007: 37–41.
- "Non-Communicable Diseases (NCD) Chronic Problems Registered at a Primary Health Care Setup in Bahrain". Journal of the Bahrain Medical Society, 2003 (15)1; 28-33.

The paper with A. Jalil Ali Al-Abdulla

"Prevalence of Diabetes Mellitus Among Non-Bahraini Labour Force in Bahrain"

Paper published in: Bahrain Medical Bulletin (BMB), 2003 (25)1: 12-17.

The paper with Dr. Abdulla Al-Mansour

- "Chronic Problems Audit at Ibn Sina Health Centre: a pilot study" Presented to the Minister and Undersecretary – MO Health – Bahrain
- "Latest Studies Clarify State of Health in Bahrain"
 Diabetes Voice, 2001(2): 28-31.
- "Educational Camps for Children with Diabetes"
 The Bulletin of the Arab Group for Study of Diabetes, 1999: 6(1).
- "Psychiatric Morbidity in Primary Care. M.K Al-Haddad, A. Al-Garf, S. Al-Jowder, F.I. Al-Zurba. Eastern Mediterranean Health Journal, 1999(5):21-26.
- "Prevalence of Diabetes Mellitus Among Bahrainis Attending Primary Health Care Centres"

Paper published at the Eastern Mediterranean Health Journal: Al Zurba FI, Al Garf A. Prevalence of diabetes mellitus among Bahrainis attending primary health care centres.

Eastern Mediterranean Health Journal, 1996(2):274-282.

"Prevalence of Diabetes in Bahrain"

Paper published in: Bahrain Medical Bulletin (BMB), 1996: (18) 2:44-51.

 "Characteristics and Pattern of Care of Diabetes in a Primary Care Health Centre in Bahrain"

Paper published in: The Bulletin of the Arab Group for Study of Diabetes, 1994: 3(1).

"Minor Surgery in Bahrain's Primary Care System"

Paper published in: Bahrain Medical Bulletin (BMB), 1993: (15) 3:82-89.

"Prescribing Drugs for the Elderly, May be more Harmful than Useful"

Paper published in: Bahrain Medical Bulletin (BMB), 1992: (14) 1:21-27.

CONFERENCES AND SEMINARS ATTENDED

Oct 2016	"The 11th International Conference of JSFM", Amman, Jor	rdan
	Speaker	5 October – 4 May 2016
Apr 2015	"Wonca Second Family Medicine Congress – East Mediter Organisation of Family Doctors", East Mediterranean Reg Organiser	
	Organisei	30 April – 2 May 2015
Apr 2015	"Paediatrics Conference" Organised by Alkindi Hospital, Ba	ahrain 25 April 2015
Jan 2015	"Dubai Initiative: Family Medicine in the Front Seat Confere Combined Responsibility"; Dubai Healthcare City Organiser	ence – Genetic Disorders
	19 CME Credit Hours	11-13 Jan 2015
Apr 2014	"10th International Conference of Jordan Society for Family Presented paper	y medicine", Amman
	resented paper	Sep April – 2 may 2015
Dec 2011	First Family Conference; World Organisation of Family Do East Mediterranean Region (WONCA EMR) Organiser	octors,
	Organisor .	17 – 19 December 2011
Oct 2011	Family Medicine Conference; IIR Middle East Moderator, moderator for the common problems session; Abu Dhabi, UAE	
l 0044	"I and an in Hankhana Canfaran as" Hansital Build Middle	23 – 25 October, 2011
Jun 2011	"Leaders in Healthcare Conference" Hospital Build Middle Dubai, UAE	
Nov 2010	School Health in Dubai: Major Concerns & Future Potentia	15 June 2011) One day
140V 2010	DHA; Dubai, UAE CPD 5 hours	is comerence
	•	ovember 2010) One day
May 2010	Dubai Medical College (DMC) Education Symposium 2010 Dubai, UAE (Accreditation # 0468/10 DHA))
		(23 May 2010) One day
May 2010	7 th GCC PHC Conference; Bahrain (3 – 5	May 2010) Three days
Dec 2010	Dubai Forum for Best Excellence Practice. Executive Offic Government, UAE	e, Gov. of Dubai
		cember 2010) Two days
Nov 2010	School Health in Dubai: Major Concerns & Future Potentia DHA, Dubai (CME 5 hours)	ıls.
	·	vember 2010) Two days
May 2010	7 th GCC PHC Conference. Ministry of Health, Manama, Ba (3-	ahrain -5 May 2010) Three day
Oct 2009	8 th International Medical Conference and the First Pan Ara Association. Jordan Society of Family Medicine – Amman, (7	•

Dec 2009	GCC Primary Health Care Performance Indicators Workshop – GCC and WHO EMRO, Abu Dhabi, UAE (10 CME Hrs) (21-22 Dec 2009) Two day
Jun 2009	Evidence-Base Medicine: Turning Research into Clinical Practice Symposium – The Cochrane Collaboration, The Cochrane Collaboration and the National Institute for Health & Clinical Excellence [NICE], RCSI Bahrain
	(1-2 Jun 2009) Two day
Apr 2009	Symposium — المنهجيات الموثقة عبء إداري أم أداة تميز مؤسسي Executive Council, Dubai Government, UAE
	(30 Apr 2009) One day
Apr 2008	1st Regional JCI Practicum on Clinical Laboratories Department of Health & Medical Services – Dubai (6-10 Apr 2008) Five days
Feb 2008	Joint Congress of The 15 th International Union Against Sexually Transmitted
1 65 2000	Infections & the 2 nd Annual International Infectious Disease Congress Harvard Medical School Dubai Centre & IUSTI (18 CME Hrs)
	Dubai International Convention Centre – Dubai
A = = 2007	(3-5 Feb 2008) Three days
Apr 2007	International Emergency & Catastrophe Management Course and Conference "IECM Dubai 2007" (14 CME Hrs)
	Dubai International Convention Centre – Dubai
Jan 2007	(22-24 Apr 2007) Three days IT in healthcare (23.5 CME Hours)
Jan 2007	Dubai International Convention Centre – Dubai Accredited 23.5 hours (29 Jan – 31 Jan 2007) Three day
April 2006	"Clinical Effective Seminar" Organized by DOHMS & The Royal College of Physicians & Surgeons - Dubai UAE (29 Apr 2006) One day
Mar 2006	"Hypertension Seminar", Abu-Dhabi, UAE (30 Mar 2006) One day
Mar 2006	"Dubai International Rehabilitation Forum 2006". (18 CME Hrs) Dubai International convention centre, Dubai, UAE Chairman, Technical Committee
	(7-91 Mar 2006) Three days
Dec 2005	"Updates on Lipids Management Guidelines", PHC - Dubai, UAE (29 Dec 2006) 6 CME Hours
Nov 2005	"Progresses in Asthma Management" Symposium (challenges in clinical practice) Danat Raha Hotel, Abu Dhabi, UAE
	(24 - 25 November 2005) 2 days
May 2005	"Disability and Rehabilitation Conference- Equity of Opportunities". K.O. Bahrain Chairman of Organising Committee (9-11 Jan) Three days
Jan 2005	"1st International Conference of Diabetes of Upper Egypt Universities" In Collaboration with the Egyptian Diabetes Association (EDA), Indorsed by the International Diabetes Federation (IDF) - Luxor, Egypt Chairman of scientific session and speaker
	(12-14 Jan) Three days
Oct 2004	"The 5 th International Conference of the Jordan Society of Family Medicine" Amman, Jordan
	Chairman of scientific session and speaker (5-7 Oct) Three days
	(or oct) Three days

Sep 2004	"Lebanese Society of Family Medicine Annual Conference" Beit Altabeeb, Beirut, Lebanon Member, Organizing Committee
	(17-19 Sept) Three days
June 2004	"The 4th Pan Arab Federation of Otorhinolaryngological Societies Conference & Exhibition – AARABFOS'04" Bahrain Programme Organizing Committee
	(02-06 June) Five days
Mar. 2004	"Chronic Health Problems Congress" (free papers, course and workshop) Bahrain Chairman Organizing Committee
	(15-17 March) Three days
Feb 2003	"The 1st Primary Health Care Conference in the Arab World" – Bahrain Committees Coordinator – Presented Paper
	(25-27 February 2003) Three days
Oct 2003	"The First GCC Genetic Conference" Bahrain General Secretary
	(5-7 October) Three days
Oct. 2002	"The 1st Kuwait & Fourth Gulf Conference of the Primary Health Care" – Kuwait (12-14 October) Three days
Apr. 2002	"The 7 th Congress of the Arab Society of Nephrology and Kidney Transplantation" – Bahrain
	Organiser (2-5 November) Four days
Nov. 2001	"The 6th International Alexandria Diabetes Days" – Alexandria, Egypt
	International Advisor & Paper presentation
Mar. 2001	(8-11 November) Four days "Diabetes in the Arab World Conference" – Bahrain
War. 2001	Organiser and Paper presentation
	(24-26 March) Three days
Feb. 2001	The 12 th National Congress on Safe Medicine and Surgery, & the Egyptian National Congress on Diabetes Mellitus & Allied Conditions – Organised by the Pan Arab League of CME, The Charity Scientific Society of Intensive Care Patients, – Ain-Shams Conferences Centre, Cairo, Egypt
	Member of the Scientific Committee & Papers presentation (20-24 February) Five days
Oct. 2000	"The Third International Conference of the Jordan Society of Family Medicine" – Amman
	Paper Presentation (29-31 October) Three days
Oct. 2000	"The 5 th International Epidemiology Association Scientific Meeting" – Bahrain
	Organiser (23-25 October) Three days
Mar. 2000	Hearing Impairment, the GCC Situation and the Future – Bahrain
	Organiser (10-12 April) Three days
Nov. 1999	"The Fifth Alexandria International Diabetes Days" Conference –
	Facilitator. Alexandria, Egypt (8-11 Nov.) Four days
Feb. 1999	The 3 rd Bahraini-German Medical Conference. Secretary,
. 55. 1555	Co-chairman of Session & Paper presentation – Bahrain
	(27-28 Feb.) Two days

Nov. 1998	The 1 st Arabian Gulf Medical Associations Conference. Organiser & Paper presentation – Bahrain	
		·26 Nov.) Three days
Sep. 1998	The Seventh Conference of the Syrian Society of Diabetes. Advisor & Organiser (AGSD) – Paper presentation – Tart (16 – 18 S	ous, Syria Sep 1998) Three days
May. 1998	2 nd International Conference of the Jordan Society of Family Paper presentation . Amman – Jordan) (13	Medicine" -15 May) Three days
Nov. 1997	Role of Nutrition in Chronic Non-Communicable Disorders – Organiser & Paper presenter. Bahrain (24)	Conference. -26 Nov) Three days
Nov. 1997	"Fourth Alexandria International Diabetes Days", Conference Paper Presentation - Alexandria, Egypt (19)	e, 0-13 Nov) Four days
Dec 1996	"The Fifth Diabetic Conference of Bahrain Diabetic Association Organiser and Chairman of session & Paper presentation	n.
	"TI E: 10 ((4-5 Dec) Two days
May 1996	• •	10 May) Three days
Oct. 1995	"Third Alexandria International Diabetes Days", Conference, Paper presentation - Alexandria, Egypt	Five days
Mar. 1995	"GCC League of Dermatology, Third International Conference Organizer. Manama, Bahrain	ee", Three days
Mar. 1995	"2nd GCC Primary Health Care Conference", Two Papers presented – Muscat, Oman	Three days
Nov. 1993	"The First Gulf Primary Health Care Conference", Organizer. AGU, Manama, Bahrain	Three days
Nov. 1993	"The Second Alexandria International Diabetes Days" Confe Paper presentation – Cairo & Alexandria, Egypt	rence. Three days
Nov. 1991	"Elderly Health Conference", Manama, Bahrain Organiser & Paper presentation	One week
Nov. 1991	"First Scientific Seminar on Diabetes Mellitus", Manama, Bal	nrain Two days
May 1990	"The Seventh Jordanian Medical Congress", Paper presentation – Amman, Jordan.	Three days
May 1989	"The First Primary Health Care Conference", Manama, Bahr	ain Two days
Sep. 1988	"The Sixth Jordanian Medical Congress & the First Congress Dermatology",	
	Paper presentation – Amman, Jordan.	Three days
Nov. 1987	"Occupational Health and Safety Regulation and Guidelines"	, Bahrain. One day
Oct. 1987	"Middle East Medicare", Paper presentation – Bahrain.	Four days
Feb. 1987	"Child Health in The Arab World", Bahrain.	Two days
Mar. 1985	"Human Sexuality", Ministry of Health, Bahrain.	! hours/week – 4 weeks
Oct. 1983	"Care of the Elderly", Bahrain.	Two days
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PAPERS PRESENTED IN CONFERENCES

May 2010	"Burnout Prevention: The darker side of being a doctor". 11th International Conference of the JSFM; Amman, Jordan – (5 – 8 October 2016)
April 2014	"Quality Measurements: Performance Indicators". 10th International Conference of the JSFM; Amman, Jordan $-$ (29 April $-$ 2 May 2014)
May 2010	"Wellness Promotion A Health Risk Assessment Program in Dubai" 7th GCC PHC Conference. Ministry of Health, Manama, Bahrain (3-5 May 2010)
Oct 2009	"Wellness Promotion – Health Risk Assessment Program in Dubai" 8th International Conference of Jordan Society of Family Medicine and the First Conference of the Pan Arab Association of Family Doctors – Amman, Jordan - (7-9 October 2009)
Jan 2005	"Mini clinic for Non-Communicable Diseases in Primary Health Care in Bahrain" 1st International Conference of Diabetes of Upper Egypt Universities Luxor, Egypt (12–14 January)
Sep 2004	"Non-Communicable Diseases (NCD) - Chronic Problems Register at a Primary Health Care Setup in Bahrain" The 5 th International Conference of the Jordan Society of Family Medicine" Amman, Jordan- (5–7 October)
Sep 2004	"Camping as a Modality of Educating Children With Diabetes Mellitus" Lebanese Society of Family Medicine Annual Conference – Beit Altabeeb, Beirut, Lebanon - (17–19 February)
Feb 2003	"Non-Communicable Diseases (NCD) – Chronic Problems Register at a Primary Health Care Setup in Bahrain" – "The 1st Primary Health care Conference in the Arab World" – Bahrain - (25–27 February)
Oct 2002	"Using the Internet for Health Promotion and Health Care" – "The 1st Kuwait & Fourth Gulf Conference of the Primary Health Care" – Kuwait – (12–14 October)
Nov 2001	"The Role of Internet in Diabetes Health Education and Health Promotion" – The 6 th International Alexandria Diabetes Days – Egypt – (8–11 November)
Mar 2001	"The Magnitude of Diabetes Problem in the Arab World and the Role of Bahrain Diabetes Society in Health Promotion" – Diabetes in eth Arab World Conference – Bahrain – (24-26 March)
Feb 2001	"Using the Internet for Health Promotion and Health Care" – The 12 th National Congress on Safe Medicine and Surgery, & the Egyptian National Congress on Diabetes Mellitus & Allied Conditions – Organised by the Pan Arab League of CME, The Charity Scientific Society of Intensive Care Patients, – Ain-Shams Conferences Centre, Cairo, Egypt – (20-24 February)
Feb 2001	"Health Education Regarding Diabetes in Bahrain" - The 12 th National Congress on Safe Medicine and Surgery, & the Egyptian National Congress on Diabetes Mellitus & Allied Conditions - Organised by the Pan Arab League of CME, The Charity Scientific Society of Intensive Care Patients, — Ain- Shams Conferences Centre, Cairo, Egypt - (20-24 February)
Oct 2000	"Camping as a Modality of Education in Children having Diabetes" The Third International Conference of the Jordan Society of Family Medicine – Amman, Jordan - (29-31 October)
Nov 1999	"Experience in the Diabetic Camps as a Tool for Education of Children with Diabetes" - The Fifth Alexandria International Diabetes Days" Conference- (11-14 Nov.)

Feb. 1999	"Diabetes Mellitus in Bahrain" The 3 rd Bahraini-German Medical Conference. (27-28 Feb.)
Feb. 1999	"Psychiatric Morbidity in Primary Care" The 3 rd Bahraini-German Medical Conference. Presented by Dr. A. Al-Garf (27-28 Feb.)
Nov. 1998	"Education Of Children With Diabetes" The 1st Arabian Gulf Medical Associations Conference. (24-26 Nov.)
Nov. 1998	"Psychiatric Morbidity in Primary Care" The 1st Arabian Gulf Medical Associations Conference. Presented by Dr. A. Al-Garf (24-26 Nov.)
Sep. 1998	"Education Of Children With Diabetes" The seventh Conference of the Syrian Society of Diabetes. (Tartous - Syria, 16 - 18 Sep).
May 1998	"Prevalence Of Diabetes Mellitus In Bahrain". 2 nd International Conference of the Jordan Society of Family Medicine. (13-15 May 1998). Amman - Jordan)
Nov. 1997	"Prevalence of Diabetes Mellitus in Bahrain". Role of Nutrition in Chronic Non-Communicable Disorders" (Bahrain, 26-27 Nov.)
Nov 1997	"Diabetes in Bahrain", The Fourth Alexandria International Diabetes Days, Alexandria (10-13 Nov. 97)
Dec 1996	"Diabetes in Bahrain", The Fifth Diabetic Conference of Bahrain Diabetic Association (4-5 Dec), Bahrain
May 1996	"Prevalence of Diabetes in Bahrain", The First Conference of Jordan Society of Family Medicine (8-10 May), Amman, Jordan
May 1996	"Instructional Media in Training and Medical Education", The First Conference of Jordan Society of Family Medicine (8-10 May), Amman, Jordan
Oct 1995	"Diabetes in Bahrain", The 3rd Alexandria International Diabetes Days Conference (19-23 October), Alexandria, Egypt.
Mar 1995	"Prevalence of Diabetes in Bahrain", The 2nd GCC Primary Health Care Conference (13-15 March), Muscat, Sultanate of Oman.
Nov 1993	"Psychiatric Morbidity in Primary Care, GHQ and Had Scale", The Royal College of Surgeons in Ireland, The Fourth RCSI Overseas Scientific Meeting (14 & 15 March, 1995. Bahrain. (presented by Dr. Somaya Al Jowdar)
Nov 1993	"Characteristics and Pattern of Care of Diabetes in a Primary Care Health Centre in Bahrain", The First Gulf Primary Health Care Conference, AGU, Bahrain.
Nov 1993	"Psychiatric Morbidity in Primary Care Setting in Bahrain", The First Gulf Primary Health Care Conference, AGU, Bahrain.
Nov 1993	"New Role for Primary Health Care Provider: Journal Editor", The First Gulf Primary Health Care Conference, AGU, Bahrain.
Nov 1993	"Minor Surgery in Bahrain's Primary Care System", The First Gulf Primary Health Care Conference, AGU, Bahrain.
Nov 1993	"Update Primary Health Care: Journal (Poster)", The First Gulf Primary Health Care Conference, AGU, Bahrain.
Nov 1993	"Characteristics and Pattern of Care of Diabetes in Primary Care Health Centre in Bahrain", The Second International Diabetes Days". Egypt.
Nov. 1993	The New Development of Diabetic Flow Chart". The Second International Diabetes Days". Egypt.
Nov 1991	"Drugs in Elderly: Prescribing Drugs For Elderly May be Harmful than Useful", Elderly Health Conference, AGU, Bahrain.
Nov 1991	"Role of Primary Care Team in Management of Dementing Patient" Elderly Health Conference, Bahrain. Read by Dr. Somaya Al Jawder.
Nov 1991	"Family Care of the Elderly and Caregiver Stress", Elderly Health Conference, Bahrain. Read by Dr. Ahmad Al Garf

Nov 1991 "Approach to Diabetic Patient in Primary Care, and Introduction to a New

Developed Diabetic Flow Chart in Primary Care". First Scientific Seminar in Diabetes Mellitus, Bahrain.

Oct 1989 "Can Technology Improve Medical Education? Using Media for Education and

Training".

Second Medicare Conference held in Bahrain.

OTHER PUBLICATIONS

Many other health education booklets in Arabic and English targeting common health problems. For the Bahrain Ministry of Health.

Jun 2008	Nursing Guide to Wellness Promotion Programme in PHC, DOHMS, Dubai
May 2009	A Guide to Wellness Promotion in PHC, DOHMS, Dubai
Jun 2008	Review Osteoporosis Guidelines in PHC, DOHMS
May 2008	Update Bronchial Asthma Guidelines in PHC, DOHMS, Dubai
Dec. 2004	الفحص قبل الزواج مدخل الأسرة الآمن
Dec. 2004	Guidelines For Premarital Counseling Services
2004	دليل إجراءات الحصول على الخدمات الصحية في المراكز الصحية Guidance to get Health services in Health Centres (Arabic language)
2003	إجراءات الشئون الإدارية بالمراكز الصحية Procedures for admin affairs in Primary Care Health Centres (Arabic Language)
2000	Surfing in Diabetes. An educational / health promotion booklet (In Arabic) for people with diabetes. Supposed to be distributed to all people having diabetes through the diabetes clinics in the Health Centre.
2000	Website for people with diabetes. (http://www.sokkari.com) & (http://zurba.com/dm) (Bilingual – Arabic/English), with discussion group and ask your doctor.
1999	Website for Health promotion and researches. (http://zurba.com) (In English), and ask your doctor.
1999	Diabetes and You, (Book in Arabic), for Educating people with diabetes from A to Z.
1999	Heat Stoke and Heat Exhaustion (Booklet). Published by Batelco
1999	Home Accidents Booklet (in Arabic), Publication by the Health Education, MO Health - Bahrain.
1997	Enjoy Aging. Educational Booklet for public in English language. <i>Under Publication</i>
1997	Surfing in Diabetes and You (الإبحار بالداء السكري). Educational Booklet for public in English language. Published the Ministry of Health, Bahrain.
1997	Sexually Transmitted Diseases. Educational Booklet for public in Arabic language. In press, by the Ministry of Health, Bahrain.
1997	AIDS. Educational Booklet for public in Arabic language.
1995	Circumcision. Educational Brochure for public in Arabic language. Published by the Ministry of Health, Bahrain.
1995	Scabies. Educational Brochure for public in Arabic language. Published by the Ministry of Health, Bahrain.

1995	Lice. Educational Brochure for public in Arabic language. Published by the Ministry of Health, Bahrain.
1994	Hepatitis. Educational Booklet for public in Arabic language. Published by the Ministry of Health, Bahrain.
1994	Intra-uterine contraceptive device (IUCD). Educational Brochure for Public. Published by The American University of Beirut (AUB)
1992	How to live peacefully with Diabetes Mellitus. Educational Booklet for public in Arabic language. Published by the Ministry of Health, Bahrain
1990	Computer software policy. Published by the Ministry of Health, Bahrain

الختان (مطوية – طبعتين) – ۲۰۰۱/۱۹۹	•
إبحار بالداء السكري – ٢٠٠٠	•
موقع على شبكة الانترنيت (<u>www.sokkari.com)</u> – ٢٠٠٠	•
معلومات شاملة حول الداء السكري باللغتين العربية والإنجليزية	
موقع على شبكة الانترنيت (<u>www.zurba.com)</u> – ١٩٩٩	•
مواضيع مختلفة ومنها مواضيع مختارة حول تعزيز الصحة وبعض الأبحاث المنشورة	
أنت والسكري (الطبعة الثانية) - ٢٠٠٠	•
أنت والسكري (الطبعة الأولى) – ١٩٩٩	•
الإعياء الحراري وضربة الشمس – (١٩٩٩ – ٢٠٠٣) ثلاث طبعات من قبل بتلكو	•
الحوادث المنزلية – ١٩٩٩	•
الأمراض التناسلية – ١٩٩٧	•
ماذا يجب أن تعرف عن الإيدز _ ١٩٩٧	•
الجرب (مطوية) ـ ١٩٩٥	•
القمل (مطوية) – ١٩٩٥	•
التهاب الكبد – ۱۹۹۴	•
وسائل منع الحمل (مشترك – الجامعة الأمريكية / بيروت) – ١٩٩٤	•
سبيل التعايش بأمان مع مرض السكري (مشترك) – ١٩٩٢ عدة طبعات حتى عام ٢٠٠٠	•

In Addition to a large number of publications in *Update Primary Health Care Journal*.
 See Index in the "Update Primary Health Care Journal", Vol. 11, Number 1, 1997 for the complete list of publications – *Available also on the Web site* (http://zurba.com/update)

OTHER PROFESSIONAL ACTIVITIES

2006	Editor, Reviewer. DiabetesIndia (International Scientific Journal)
Jan 2003 – Oct 2004	Editor – "جودة الصحة" Newsletter for the Quality Improvement Project
April 2001 – March 2005	Editor & Designer – "Immunization Newsletter" Expanded Immunization Programme, Public Health, MO Health.
March 2001 - Present	Editor and Webmaster – "The Arab Group for the Study of Diabetes www.agsd.net"
1994 - Present	Reviewer – "Eastern Mediterranean Health Journal" (ISSN 1020-3397)

1994 - Present Reviewer – "Bahrain Medical Bulletin"

(ISSN 1012-8298)

October 1995 - Present Editor, "The Bulletin of The Arab Group for the Study of Diabetes"

The Official Scientific Publication of the Group

(ISSN 1240-1269)

November 1995 - Present Editor - "Newsletter of The Arab Group for the Study of

Diabetes"

June 1994 - Present Form Designer, Primary Health Care, MO Health

August 1989 - Present Chief Editor, "Update Primary Health Care" Journal (ISSN 1022-6672)

October 1995 - June 2000 Editor, "Newsletter of Bahrain Diabetic Association"

March 1986 - 1990 Editor, Health News Bulletin, Bahrain

July 1985 - Aug 1989 **Co-Editor**, "Update Primary Health Care" Journal

August 1983 Study of Hypertension in Zallaq, Bahrain

February 1983 Prepared audit criteria and carried out Hypertension audit in Bahrain.

FORMS DELOPMENT & DESIGN for uses in PHC in Bahrain & Dubai

2015 • Problem Oriented Medical Records (POMR)

Patient Assessment Form

Wellness Promotion Chart and Form

2008 • Wellness Promotion

BA Initial and Follow-up

Develop – BA Action Management Plan

Asthma Control Test

2006 • Bronchial Asthma – PHC, DOHMS

2005 • Sickness Certificate

2005 • School Health Request Form

• Premarital Counseling Register

2004 • Premarital Examination Form for Premarital Counseling

2004 • Lab Request Form for Premarital Counseling

2004 • Certificate for Premarital Examination Counseling

• Flow chart for Hepatitis Test in Premarital Counseling

• Flow chart for VDRL Test in Premarital Counseling

2003 • Sickle Cell Disease - Care

Premarital Counseling

Equipment Lawn Form (Airport)

2001 • Airport Clinic Report/Referral Form

Medical Certificate & Sick Leave

Ante-natal first visit sticker

Occupational Trauma Form for the Non-Government Employers

2000 • Diabetic Sheet for Diabetes Programme

- 1999 Referral Form to Accident & Emergency
- 1998 Occupational Trauma Form for the Government Staff
- 1997 Ultra Sound Exam: Appointment and Report
 - Treatment Request in Primary Care
 - Dental Progress sheet
 - · Child screening and Vaccination, and Appointment
 - Problem Oriented Medical Records for Dentistry
- 1996
 Reminder form for MCH activities (Antenatal, Postnatal and Child Vaccination)
 - Dental Evaluation Form
 - Evaluation of Emergency Case by Nursing
- 1995 Housemaid Pre-employment Examination Request
 - Physical Fitness Certificate
 - · Pre-employment Request Forms
 - X-ray Request for Pre-employment
 - Prescriptions
- 1994 Counseling: HIV positive
- 1992 ECG Sheet
- 1991 Diabetic Flow Chart
 - Problem Oriented Medical Record
 - Hypertension Flow Chart
 - Medical Report Certificate

TASK GROUPS (Quality Improvement Projects)

June 2011	-	Dec 2012	"Self-Assessment for Excellence Programs in DHA" Task Group, Dubai, UAE Member
June 2011	-	Dec 2012	"Conflict Management in Primary Health Care Services Sector (PHCSS) Task Group"; DHA Chairman
Dec 2010	-	Jan 2011	"Promotion Task Group" Chairman
May 2010	-	Feb 2011	"Short list DGEP Excellence Interview" Member
Nov 2010	-	Present	Promotion of Doctors in PHCSS, DHA Chairman
March 2009	-	Dec 2012	Task group to 24 hours Clinic in Primary Health Care Services Sector, Dubai Health Authority Chairman
March 2009	-	Dec 2012	Task group to develop General Orientation Manual in Primary Health Care; Dubai Health Authority Chairman
March 2009	-	Dec 2012	Excellence Task Group in PHCSS; DHA Chairman

COM		

Feb 2011	- Dec 2012	"JCIA Steering Committee", PHCSS, DHA, Dubai, UAE Member & Coordinator
June 2010	- Dec 2012	Ethical & Research Committee in PHC Services Sector, Dubai Health Authority Member
Nov 2008	- Dec 2012	Excellence Committee in DHA Member
June 2008	- Dec 2012	Pathology Accreditation Steering Committee; DOHMS, Dubai. Administrative Decision N0. 141 – 2008 - 2/6/2008) Member
May 2008	- Dec 2012	National Breast Cancer Committee; DHA, Dubai. (Administrative Decision N0. 134 – 2008) Member
October 2007	- Dec 2012	Sick Leave Policy in DOHMS, Dubai Member
June 2007	- Dec 2012	Breast Cancer Screening Scientific Group Member
March 2006	- Dec 2012	Executive Committee, Primary Health Care, DOHMS, Dubai – UAE Member & Coordinator
March 2006	- Feb 2011	Management of Information Committee in PHC, DOHMS, Dubai – UAE Chairman
March 2006	- Feb 2011	PHC Quality Improvement & Patient Safety (QPS) Committee, PHC, DOHMS, Dubai – UAE Member
March 2006	- Jul 2010	Wellness Promotion Scientific Group, PHC – DOHMS, Dubai – UAE Group Leader
March 2006	- Jun 2010	Bronchial Asthma Scientific Group, PHC – DOHMS, Dubai – UAE Member
March 2006	- Jun 2010	Premarital Counseling Scientific Group, PHC, DOHMS, Dubai – UAE Member
Nov 2005	- Mar 2006	Executive committee – with weekly presentation on "Areas to improve" Guest Member
Nov 2005	- Mar 2006	Media Committee, PHC. DOHMS - Dubai Deputy, Chairperson
Nov 2005	- Mar 2006	QPS Committee, PHC. DOHMS – Dubai Member
Nov 2005	- Mar 2006	SQE Committee, PHC. DOHMS – Dubai Member
Nov 2005	- Mar 2006	MOI Committee, PHC. DOHMS – Dubai Member
Nov 2005	- Mar 2006	Guidelines Committee, PHC. DOHMS - Dubai Member

Jun 1994	- Feb 2006	Medical Records Committee Chairman
Jan 2004	- Feb 2006	Premarital Counseling in <u>Primary Care</u> – Ministry of Health Member
Apr 2002	- Oct 2005	Sick Leave Committee – Ministry of Health Chairman
Oct 2000	- Oct 2005	Ministry of Health Home page content committee (HCC) Member
Dec 1996	- 2003	Health Education Committee in Primary Health Care and Public Health, Ministry of Health, Bahrain Member
Aug 1994	-	Emergency Problems Committee - PHC, Bahrain Member
May 1994	-	Data collection / Chart review committee - PHC, Bahrain Chairman
July 1993	-	Data collection / Chart review committee / Nursing section - PHC, Bahrain Member
July 1992	-	Health Promotion Group on Smoking Cessation & Substance abuse Member
July 1992	-	Psychiatry Advisory Group Member
Dec. 1991	-	Breathlessness Advisory Group Member
Dec. 1991	-	Committee for Software Development Policy - PHC, Bahrain Member
Oct. 1991	-	Hypertension Advisory Group Member
July 1991	-	Skin Problem Advisory Group Member
Nov. 1990	- 1992	FPRP Patient Record Monitoring - PHC, Bahrain Member
Nov. 1989	- 1991	Computer Software committee - PHC, Bahrain Member
Dec. 1990	-	Palpitation Advisory Group Member
Mar 1985	- Jul 1987	Staff Management Committee - PHC, Bahrain Member
Mar 1982	- Aug 1982	Health Information committee - PHC, Bahrain Member
Oct 1981	- Mar 1982	Medical Note Committee - PHC, Bahrain Member
July 1988		Diabetic Advisory Group Coordinator

The main objectives of the Medical Records Committee in Primary Care are to review, evaluate, design, and redevelop the existing records. Also any new forms should pass through the committee, and approve new forms.

MEMBERSHIP OF PROFESSIONAL ORGANIZATIONS

January 2011	- Present	World Organisation of Family Doctors (WONCA) Member
September 2000	- Present	Bahrain Family Physicians Association Member
September 2000	- Present	Bahrain Medical Society Member
July 1996	- Present	Bahrain Family Planning Society Member
April 1996	- Present	Bahrain Diabetes Society Member (General Secretary: April 1996 till June 2000)
November 1997	- Present	Arab Group for the Study of Diabetes Honoury President
October 1995	- Nov. 1997	Arab Group for the Study of Diabetes President
October 1995	- Present	Egyptian Society for Endocrine, Metabolism & Diabetes Member
August 1995	- Present	Bahrain Diabetic Association Member
November 1993	- October 1995	Arab Group for the Study of Diabetes Executive Member
November 1992	- Present	Middle East Association of Scientific Editors Member
October 1974	- Present	Jordanian Medical Association Member
October 17, 1974	-	Registered at the Medical Council - Pakistan Certificate of Full Medical Registration No.16 658

LECTURES, COURSES & WORKSHOPS PLANNED & DELIVERED

14, 21, 28 Jul & 15 Sep 2011	"Prevention and Control of Infection Workshop" Organised by the Quality & Organisational Department, PHCSS, DHA, Dubai CPD 4.5 hours
08 June 2011	"Self Assessment in Excellence Programs" to PHCSS Directors and managers
02 May 2011	"Quality Facilitators Training Course" to PHCSS Staff, DHA Organised by the Quality & Organisational Department, PHCSS, DHA, Dubai CPD 12.5 hours
18 – 19 Apr 2011	"Process Management and Developing Policy & Procedure Training Programme" Training Course Organised by the Quality & Organisational Department, PHCSS, DHA, Dubai CPD 8 hours
31 Mar 2011	Together Towards Excellence Course" to PHCSS staff CPD 4.5 hours
24 Mar 2011	Together Towards Excellence Course" to PHCSS staff CPD 4.5 hours
17 Mar 2011	Together Towards Excellence Course" to PHCSS staff CPD 4.5 hours
18 Jan 2011	"Quality Facilitators Training Course" to Admin PHCSS (in Arabic), DHA CPD 4 hours (three days
08 Aug 2010	"Policy & Procedure Training Programme", Members of Scientific groups, PHCSS, DHA CPD 6 hours (Two days)
29 Nov 2010	Concept of Quality in Healthcare to Managers in PHCSS, Dubai Health Authority
3 Nov 2010	Introduction to JCIA standards and Measuring elements to all Leaders and Managers in PHCSS, Dubai Health Authority (2-day Course 8 CME hrs)
4 Oct 2010	Dubai Experience in Excellence Programs, Al-Najah University, Nablus, Palestine.
4 Oct 2010	Developing Policies and Procedures as requirement for Accreditation, Al-Najah University, Nablus, Palestine.
29 Sep 2010	Introduction to International Accreditation in Healthcare and JCIA. Medical laboratory Association, Ramallah.
29 Sep 2010	Quality in Healthcare and Organisational Excellence. Medical laboratory Association, Ramallah.
8 Aug 2010	Process Management in Healthcare to managers in PHCSS, Dubai Health Authority (2-day Course)
9 Sep 2009	Process Management and Policies & Procedures to Heads of Scientific Groups in PHCSS, Dubai Health Authority (3-day Course)
12 Mar 2009	Wellness Promotion Training Course and workshop to Medical Students (Patch 20); Dubai Medical College; Dubai
4 Mar 2009	Wellness Promotion Training Course and workshop to Medical Students (Patch 19); Dubai Medical College; Dubai
2-8 Feb 2009	$2^{\rm nd}$ Wellness Promotion Training Course and workshop to doctors and nurses in Primary Health Care, DOHMS
18 Jan 2008	PMS Final Assessment to all managers and line managers in PHC, DOHMS
2-6 Nov 2008	2 nd Wellness promotion Training Course and workshop to doctors and nurses in Primary Health Care, DOHMS

12 Jun 2008	PMS Workshop on Goal setting to managers and line managers in Region 2, PHC, DOHMS
11 Jun 2008	PMS Workshop on Goal setting to managers and line managers in Region 1, PHC, DOHMS
10 Jun 2008	PMS Workshop on Goal setting to managers and line managers in Region 3, PHC, DOHMS
10 Jun 2008	PMS Workshop on Goal setting to managers and line managers in Region 4, PHC, DOHMS
08 Jun 2008	Define Objectives and goal setting for PHC leaders, DOHMS
25 May 2008	Performance Management System (PMS)Training (Goal setting, Problem solving, Brain storming)— Lectures, Exercise and workshops - Full day for 120 all managers and line managers in PHC, Dubai — Ladies club, Al-Wasel Hospital
19 Apr 2007	Measurement Tool – Performance Indicators Workshop To PHC Leaders and Management Team in Primary Health Care, DOHMS, Dubai
18 Apr 2007	Introducing Bronchial Asthma Flow Chart as a POMR through Case Presentation
	Overview In the First BA Quality Improvement Network Seminar in PHC, DOHMS, Dubai
15 Apr 2007	Risk Management Workshop To PHC Staff in Primary Health Care, DOHMS, Dubai
12 Apr 2007	Risk Management Workshop To PHC Staff in Primary Health Care, DOHMS, Dubai
Nov. 1995	"Problem Oriented Medical Record, SOAP System, and the Newly Introduced Flow sheets in Primary Care." Lecture presentation to Dentists in Bahrain.
Oct. 1992	"Problem Oriented Medical Record, SOAP System, and the Newly Introduced Flow sheets in Primary Care." Lecture presentation to Family Practice Residency Programme.
July 1992	"Adolescence Crises", lecture presentation to Primary Care doctors
May 1992	"Somatization & Psychiatric Presentation at Primary Care", Lecture presentation to Primary Care doctors.
Oct. 1991	"Problem Oriented Medical Record and introduction to New forms introduced to Primary Care in Bahrain", Lecture Residents - Family Physician Residency Programme (FPRP).
Aug. 1991	"Skin Ulcers", Lecture, Primary Care Physicians, Bahrain.
May 1991	"ECG in Relation with Palpitation", Workshop, Organizer and Facilitator, Primary Care Physicians, Bahrain.
May 1991	"Ventricular Arrhythmia", Lecture, Primary Care Physician, Bahrain
Jan. 1991	"Supraventricular Arrhythmia", Lecture, Primary Care Physicians, Bahrain
Dec. 1990	"Reading an ECG", Lecture, Primary Care Physicians, Bahrain.
Oct. 1990	"Problem Oriented Medical Record", Residents - FPRP.
Sep. 1989	"An Approach to a Lump in the Groin" Lecture. Residents - FPRP.
Oct. 1988	"Insulin in The Management of Diabetes Mellitus", Lecture. Primary care physicians, Bahrain.
Feb. 1987	"Child Development & Surveillance", Training course for Community Health Nursing Students, Bahrain. Six weeks full time.
Jan. 1987	"E.C.G. Recording, Reading and Interpretation", Workshop. Family Physicians, Bahrain.

Apr. 1986	"E.C.G. Reading and Interpretation", Lecture Workshop. Family Physicians, Bahrain.
May 1985	"Common Skin Problems", Illustrated Lecture. Health Centre Doctors, Bahrain.
June 1984	"Brush Up Your Diagnostic Skills", Illustrated Lecture. Health Centre Doctors, Bahrain.
Aug. 1983	"Hypertension", Lecture. In-service, Health Centre & Family physicians, Bahrain

PUBLIC AWARENESS & EDUACTION (Community Health Education)

- Participation in a Seminar on Sexual Health for the leaders of the Scouts in the GCC Countries in collaboration with the Arab Scouts Organisation (26-31 January 2002)
- The Third Shorouq Camp for Children Having Diabetes Chairman 1-3 March 2000.
- The Second Shorouq Camp for Children Having Diabetes Chairman 10-12 October 1999.
- The First Shorouq Camp for Children Having Diabetes Chairman 5-7 March 1998.
- Many lectures in schools, clubs, societies Ministry of Interior, companies and hotels etc.
 These lectures were organised by the Ministry of Health and Bahrain Diabetes Society.
- · Talks in Radio about:
 - Diabetes
 - Summer and spring Camps
 - o Sexual transmitted disease
 - Hepatitis
 - o Aids
 - o Home accidents
 - o Diabetic camps for children
 - o Prevention of Diabetes in children (May 16, 2001)
 - o Fasting and Diabetes (November 23, 2001)
 - o Fasting and kidney problems (December 8, November, 2001)
 - And more.
- Participation in Radio Programme (Azhar Al-Mustaqbal):
 - Subject: Sports 11/07/1999
 - Subject: Education about type 1 diabetes and children camps 21/02/2000
- Organising Walkathons to promote awareness regarding Diabetes
 - لقاءات إذاعية وتلفزيونية متعددة حول السكري والتهاب الكبد الوبائي والكيد والأمراض المستجدة والأمراض المنقولة جنسيا والحوادث المنزلية ومخيمات الأطفال والأمراض المصاحبة للسكري في رمضان والرياضة.
 - محاضرة (الإعياء الحراري وضربة الشمس) شركة البحرين للاتصالات السلكية واللاسلكية (بتلكو)
 ۲۳/٥/٥/٢٣م)
 - مُحاضرة (الإعياء الحراري وضربة الشمس) شركة البحرين للاتصالات السلكية واللاسلكية (بتلكو) (٢٠٠٤/٦/١٧)
 - محاضرة (الاكتشاف المبكر للداء السكري) (7.0/7) الساعة 7.0 مساء بفندق الريجنسي البحرين بتنظيم من نادي روتاري المنامة باللغة الإنجليزية.
 - حديث بالإذاعة (أمراض الكلي والصيام) برنامج الأسرة (١/٩ ٢٠٠٣/١)
 - محاضرة (السكري وأثره على اقتصاد البلاد) ٢٠٠٣/٧/٢٨م الساعة ٠٠: ٩ مساء بمجلس السيد حسن بوخماس (عضو البرلمان) الجفير
 - محاضرة حول السكري (٢٠٠٣/٦/٣٠) الساعة ٨:٣٠ مساء بمجلس السيد عيسى (عضو المجلس البادي) بمدينة عيسى

- محاضرة عن الإنهاك الحراري وضربة الشمس بتلكو (٢٠٠٣/٦/٢٣) الساعة ٧:٣٠ صباحا
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 - محاضرة حول السكري (٢٠٠٣/٥/١٧) الساعة ٩:٠٠ مساء بمدينة قلالي
 - حديث بالتلفزيون حول الإنترنيت والصحة (٢٠٠٣/٢/٣) برنامج الأسرة
- محاضرة (استخدامات الانترنيت في تعزيز الصحة) بجمعية البحرين للإنترنيت (٢٠٠٣/٢/٢٢) الساعة ٧:٣٠ مساء بجمعية المهندسين
 - الإذاعة حول استخدامات الإنترنيت وتعزيز الصحة (٢٠٠٣/٢/٢١)
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 - محاضرة (حول الأمراض المنقولة جنسيا) مدرسة الهداية الخليفية (٢٠٠٢/١٢/١١م)
 - حديث بالإذاعة حول الأمراض المزمنة والصيام (٢٠٠٢/١١/١٧) الساعة ٨:٠٠ صباحا
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 - المشاركة ببرنامج البحرين تصبح حول التهاب الكبد بتلفزيون البحرين مباشرة على الهواء (٢٠٠٠/٦/٧م)
 - محاضرة حول مشكلة داء السكرى بمجلس الجزاف بالحد (١٣/٥/١٣م)
 - تنظيم مخيم شروق الأول للأطفال المصابين بالسكري (٧-٥ مارس ١٩٩٨م) رئيس المخيم
 - تنظيم مخيم شروق الثاني للأطفال المصابين بالسكري (١٢-١٠ أكتوبر ١٩٩٩م) رئيس المخيم
 - تنظيم مخيم شروق الثالث للأطفال المصابين بالسكري (٣-١ مارس ٢٠٠٠م) رئيس المخيم
- محاضرة (الحوادث والوقاية) منها لرؤساء اللجان الصحية بالمدارس الإعدادية والثانوي بوزارة التربية والتعليم ضمن ندوة أقامتها وزارة الصحة (٣٠ أبريل ١ مايو ٢٠٠٠م).
 - محاضرة (التعايش مع داء السكري) في جمعية نهضة فتاة البحرين للباحثات الاجتماعية التابعة لوزارة العمل والشؤون الاجتماعية
 - محاضرة (مقدمة عن مرض السكري والعناية بالقدمين) في جمعية الهلال الأحمر البحرينية لعامة الجمهور
 - محاضرة (الإيدز) في فندق المريديان البحرين لموظفي الفندق

HONOURS

Incentives

Nov 2005	Premarital Counseling Team in DOHMS, by DOHMS, Dubai
Nov 2005	Bahrain eContent Award - The best eHealth website
Nov 2004	Quality Increment for Merit Service
May 2003	Incentive for the Special Services – SARS
January 2003	Incentive for the Special Services – Chronic Disease Register
January 2002	Incentive for the Special Services
October 1994	Quality Increment for Merit Service
October 1991	Quality Increment for Merit Service
November 1988	Quality Increment for Merit Service
February 1987	Special Act and Service Award
May 1982	Quality Increment for Merit Service

Trophies, Awards and Appreciation

18 May 2011	"Setting up Disease Priority in Dubai Workshop" Policy & Strategy Sector, DHA, Dubai, UAE
26 Dec 2010	"Tobacco Free Dubai" as member of the project 2009 - 2010, DHA, Dubai, UAE
2010 04 Oct 2010	Appreciation for the Achievements of Health Centres Department Al-Najah University, Nablus, Palestine
01 Oct 2010	Appreciation trophy from the Clinical Lab Association in Palestine as contribution to CME program in the Association
01 Oct 2010	Appreciation trophy from the Clinical Lab Association as contribution to CME program in Al-Najah University, Nablus, Palestine
29 Sep 2010	Medical Laboratory Association in Palestine
28 June 2010	Appreciation Certificate for contribution to the Wellness promotion as a head of team Program in PHCSS, DHA
15 Jun 2010	Appreciation Certificate as Leader of the Wellness Promotion Program in PHCSS, DHA, Dubai, UAE
18 April 2010	Certificate of Appreciation, From University of Sharjah, UAE
	For the contribution of "Health Professions in Health Practice"
Sep 2009	Appreciation for participating in Summer training Program 2009
18 Jun 2008	Medical Affairs, Primary Health Care for completing the Wellness Promotion Project in PHC in 2008 – PHC, DOHMS – DHA, UAE (certificate)
06 Nov 2008	Primary Health Care Award For developing, training and introducing the Wellness Promotion programme into PHC; PHC, DOHMS – Dubai, UAE
18 Jun 2008	Primary Health Care Star Award for year 2007 – PHC, DOHMS – Dubai, UAE
18 Jun 2008	Premarital Counseling Team – for introducing the service into PHC, Certificate Award by PHC – Dubai, UAE
9 Mar 2006	Dubai International Rehabilitation Forum 2006 – Dubai, UAE

12 Jan 2005	Asiut University - Upper Egypt Universities - Egypt
5 Oct 2004	Jordan Society of Family Medicine
17 Sep 2004	Lebanese Society of Family Medicine – Lebanon
Feb 2003	"The 1st Primary Health Care Conference in the Arab World" – Bahrain
Nov. 2001	Egypt Diabetes Union – Alexandria, Egypt
29 Oct. 2000	Jordan Society of Family Medicine – Jordan
23 Oct. 2000	The 5th International Epidemiology Association Scientific Meeting – Bahrain
12 Sep. 1999	IDF – EMME Region – Tunisia

SPECIAL INTEREST

- Web Design
- Audio-Visual Aids
- Medical Photography
- Computer Graphics Applied to Medicine
- Form Design

REFERENCES

Given on request

DATE

January 16, 2017

Farong Al-Jurba

APPENDIX

Appendix

Articles published by Dr. Farouq Al-Zurba in: Update Primary Health Care

ISSN 1022-6672

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